

Cozy Apple Almond Oatmeal

Ingredients

- 1 apple, skinned and chopped (if you're in a pinch, a handful of frozen peaches works great too as a substitute)
- ½ cup sliced almonds
- 1 tbsp butter
- ½ tsp cinnamon
- 1 tsp maple syrup
- Pinch of salt
- 1 cup old fashioned rolled oats
- 2 cups water

Process

Melt butter in saucepan over low heat.

Add chopped apples and sauté for 2 min.

Add cinnamon and stir, then add water and salt. Increase heat to low/med.

Bring to a boil and add oats and almonds, simmering for 5-10 minutes until desired doneness.

Stir in maple syrup and serve. Enjoy!